

# Learning How to Ask Taking Meaning Seriously in Systemic Psychotherapy

Presenter: Britt Krause

Thursday 4<sup>th</sup> December 2008

**What will we focus on? How will we use the time?**

In this one-day workshop, I will debate that, in line with current social and global preoccupations with our identities, culture, race and equity have moved to the centre of contemporary social and political ideologies and theories. This has important implications for systemic psychotherapy.

**What will I learn to do?**

Dr. Krause will develop a guide for how therapists may be sensitive to agency, psychological and local meaning as well as to socially and culturally constructed notions of interaction and communication. This will be explored in the first part using Bateson's early thinking and dilemmas in "Naven", a book neglected in systemic psychotherapy.

**What will I understand?**

Participants will learn about an ethnographic approach to inter-cultural systemic psychotherapy as a model for inter- as well as intra-cultural systemic work. The workshop will aim to show that an ethnographic orientation, while akin to contemporary approaches such as CMM, narrative and dialogue in terms of capturing meaning, also encompasses earlier family therapy preoccupations with patterns and systems.

The workshop will start with the beginning of systemic thinking in family therapy. It will trace developments through structural and strategic approaches to narrative and dialogical ones. The second part of the workshop will focus on detailed ethnographic and therapeutic sequences as an aid to exploring what is left in and out of observation, patterns, assumptions and the self of the therapist.

**What will I learn to understand and do better?**

An ethnographic approach may therefore be seen to reconcile the past with the present in systemic psychotherapy. At the same time we will learn to integrate preoccupations with culture, race and ethnicity at the centre of systemic thinking and practice.

**What will excite me?**

The workshop is for those professionals and students wanting to explore and further develop their skills using ethnography and systemic therapy. This is a way of increasing our understanding of culture, to enrich our therapeutic practice with clients and other professionals.

**Who is the presenter & Workshop Facilitator:**

Britt Krause PhD is a social anthropologist and a consultant systemic psychotherapist. She has carried out ethnographic fieldwork in Nepal and with the Sikh community in Britain. She has practiced as a family therapist in the NHS for 18 years and has helped set up specialist services for Asian families. She is currently Training & Development Consultant at the Tavistock & Portman NHS Trust

**Relevant publications:**

Publications include *Therapy Across Culture*, Sage Publications 1998 and *Culture & System in Family Therapy*, Karnac 2002.

**For further information, please contact our Customer Services Team**

Tel. 020 7720 7301 Fax. 020 7720 7302 Email. [info@kccfoundation.org](mailto:info@kccfoundation.org) Web. [www.kccfoundation.org](http://www.kccfoundation.org)

**To Apply, please fill in the form on the reverse page**

## Information

- Date** Thursday 4 December 2008  
9.30am to 4.30pm
- Venue** The KCC Foundation, 2 Wyvil Court, Trenchold Street, London SW8 2TG  
Telephone. 020 7720 7301/ Fax. 020 7720 7302
- Fee** £85.00 Includes tea and coffee
- How to enrol** For quick enrolment you can phone or fax to book your place. Payment by the usual credit cards is welcomed, or you can send a cheque payable to The KCC Foundation with the attached form.

## Terms and Conditions

**Reservations** can be made by phone on 020 7720 7301 or fax on 020 7720 7302 to book your place on workshops. Payments by Cheque should be made to "The KCC Foundation" or by usual credit/ debit cards (Visa/ Mastercard/ Switch/ Delta).

Reservations can be made and will be held for the next 10 working days, if payment or your authority's confirmation about payment has not been received by that date, the place may be allocated to another applicant.

**Cancellations** If for any reason you need to cancel your place in the workshop, please let us know in writing to the KCC Foundation, with at least two week notice before the date of the event. If the notice is received later than two weeks before the workshop, the fee will not be refunded, unless the person cancelling can find a deputy to take up the vacant place.

**Confirmation Letters** You will be entered onto the participants' list when we receive your payment and can presume you have a place unless we contact you. The KCC Foundation normally sends confirmation of your place and details of the workshops at least two weeks before the date.

**Invoices and Payment** The application form can be used as an invoice which if you are applying for funding, you can pass to the relevant department. If payment by your authority is to be sent in the future you need to state on the form the name and address of the person and organisation responsible. Payments must be received prior to attendance to any workshop.

The KCC Foundation reserves the right to cancel or change any part of the KCCF workshop programme.

## How to Get Here

- Underground** Victoria Line to Vauxhall Station
- Buses** 2, 36, 77, 87, 88, 185, 322, 344, 436
- Trains** Vauxhall Station: Lines run to Waterloo and Clapham Junction and other stations

## Where to stay

**Hotels** The nearest Hotel to the KCC Foundation is 'The Comfort Inn' (020 7735 9494) situated on South Lambeth Road approximately 2 minutes walk from the KCCF Please note that for larger workshops, we may have to change the venue to accommodate participants. When booking, please ask for details

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NAME .....KCC Course (if applicable).....

ADDRESS.....

Postcode.....Tel:No:.....

I enclose payment by

cheque made payable to 'The KCC Foundation'

credit/debit card VISA\MASTERCARD\DELTA\SWITCH (Please circle)

Card Number \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_

Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Expiry Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Issue Number \_\_\_\_

Yes, I would like to take part in the Britt Krause workshop on Thursday 4 December 2008

Signed..... Date.....

**Please return form to The KCC Foundation, 2 Wyvil Court, Trenchold Street, London SW8 2TG**